

**Soldier Show**

Army's production of  
"Reveille: Answering  
the Call" coming  
Fort Riley

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# Fort Riley Post

**Late summer  
delight**

Society's ice cream  
social launches new  
year of activities

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Friday, August 25, 2006

America's Warfighting Center

Vol. 49, No. 34

**Around  
the Army****Germany:**

The European Stars and Stripes reported Aug. 24 that the United States plans to return four facilities to Germany in 2007.

The four U.S. Army facilities are the Aschaffenburg Family Housing Area, Aschaffenburg Training Area, Babenhäuser Kaserne and Babenhäuser Family Housing Area.

The facilities, part of U.S. Army Garrison Darmstadt, were identified as excess, based on the announced inactivation of all units assigned to the area, according to a Pentagon news release.

For more on this story and other U.S. Army news in the European and Pacific theaters, visit [estripes.com](http://estripes.com) on the Web.

**Fort Knox:**

The Turret reported Aug. 17 that summer reading program prizes were being recalled.

Parents whose children attend the Child Development Center on Fort Knox, as well as others who participated in the Summer Reading Program at Barr Memorial or Hardin County libraries during June and July, were asked to return or throw away the bendable cat and dog toys given as prizes for completing the program.

A recall was recommended by the product distributor after a test by the Indiana State Department of Health determined the toys' lead content to be in excess of the maximum allowable by current federal regulations.

About 300 children on post who took part in the Paws, Claws, Scales and Tales program were given the toys. The library is offering to exchange the toys for new ones.

For more on this story and other Fort Knox, Ky., news, visit [www.theneuenterprise.com/turret/](http://www.theneuenterprise.com/turret/) on the Web.

**Fort Lewis:**

The Northwest Guardian reported Aug. 17 that More than 500 Fort Lewis Soldiers have responded to the National Interagency Fire Center's request for military assistance in battling forest fires in the Okanogan-Wenatchee National Forest, near Winthrop, Wash.

For more on this story and other Fort Lewis news, visit [www.nvguardian.com/](http://www.nvguardian.com/) on the Web.

**Stay in Step  
with Fort Riley**

See what's happening on Fort Riley. Tune in to Fort Riley cable channel 2 every day at 6:30 a.m., 8 a.m., noon, 6 p.m. and 10 p.m.

This week's show, which runs Aug. 28 through Sept. 3, includes:

- The ceremony bidding farewell to the 774th Explosive Ordnance Disposal Company that is going to Afghanistan.

- An interview with post historian Bill McKale about the 1st Infantry Division Museum on post.

- A stop two men walking across America made at Fort Riley to promote Operation Troop Appreciation.

- Pvt. Willie the Wildcat from Kansas State University getting a little taste of Army training by running the obstacle course on Fort Riley.

## Saving the land



A series of sprinklers simulates rainfall at one of the project demonstration sites at Fort Riley. Participants in the ITAM conference toured the sites Aug. 10 as part of their field day on post.



ITAM aerial photo  
Tank and "Humvee" tracks create a swirling design imprinted on post training land.

## Conferees study ways to keep military training areas healthy

By Anna Morelock  
Staff writer

From the roads, drivers traveling through Fort Riley's training areas see tall stretches of grass, stands of trees, wildflowers and streams.

The view seen through the lens of a digital camera mounted in the Integrated Training Area Management blimp shows a picture of the training areas that is not quite as pretty. Aerial photos show bare vehicle tracks crisscrossing range areas where tanks and "Humvees" have ripped up the vegetation with their tracks and tires

during training exercises.

More than 500 participants, including contractors, Department of the Army civilians, commercial vendors and representatives from military installations in Canada, Great Britain, Germany and the United States, had the opportunity to view both scenes when they gathered at Kansas State University and Fort Riley Aug. 7-11 for the annual ITAM conference. Their purpose: to learn about issues such as the damage done to the training areas by military vehicles.

See Training areas, Page 2

## Hospital to open new clinic

By Mike Heronemus  
Editor

Creation of the new Combat Aviation Brigade of the 1st Infantry Division led to development of a specialized clinic to handle healthcare for that brigade's Soldiers and perhaps for its family members, the new clinic's chief explained.

The Aviation Medicine Clinic opens officially Sept. 6, said Lt. Col. Thomas E. Brooks, officer-in-charge. It will operate in Building 814 at Marshall Army Airfield. The building once was a clinic of some sort, Brooks said.

Depending on final staffing, Brooks said he hopes to be able to care for the aviators' families at the clinic, but some care, like well-baby visits and immuniza-



**SURVEYING THE FUTURE**  
A SOURCE ON THE SCENE AT FORT RILEY

tions would still be handled at Irwin Army Community Hospital.

Centralized care for those appointments ensures the best handling and addresses safety

issues, he said.

Clinic staff will at first concentrate on providing sick call for Soldiers in the brigade's three battalions, required annual flight physicals, hearing and vision screening, echo-cardiograms and some minor procedures, including vasectomies and removal of lesions, Brooks said.

See Clinic, Page 3

## Team learns combat driving

By Lisa Litchfield  
Task Force Dagger PAO

Soldiers and Sailors of the Military Transition Team Class 03 recently improved their driving skills at the new

Combat Driver's Training course at Fort Riley. The course required trainees to navigate an on- and off-road obstacle course set up to resemble combat conditions faced by American forces deployed overseas.

The Combat Driver's Training Course is run by 2nd Brigade, 91st Division (Training Support), the primary unit responsible for training Military Transition Teams at Fort Riley.

The 2-mile stretch of road exposes trainees to a series of obstacles they have to negotiate, maneuver around or push out of

See Driving, Page 3

## Service honors 'angels of mercy'

Friends, family, comrades  
bid final farewell to Soldiers

By Mike Heronemus  
Editor

Comrades, family members and strangers honored two fallen "angels of mercy" Aug. 18 at Morris Hill Chapel on Fort Riley.

They gathered to remember Sgts. Steven P. Mennemeyer and Jeffrey S. Brown, two 82nd Medical Company (Air Ambulance) Soldiers killed Aug. 8 in a helicopter crash in Iraq.

These two Soldiers, one a flight medic and the other a crew chief, were willing to "launch at the drop of a hat in bad weather,

at night, with or without food or sleep, in dust storms into harm's way," said Lt. Col. Michael Tetu, commander of 2nd Battalion, 1st Aviation, Combat Aviation Brigade, at Fort Riley.

"They launched to a higher calling, to save someone's life," he said.

Army aviation is by its very nature dangerous work, Tetu pointed out. "Helicopters are dangerous. Even on the best day, something can go wrong in an instant," he said.

Despite the dangers in their

See Memorial, Page 4



Combat Aviation Brigade and its battalion colors stand behind the empty helmets and boots of Fort Riley's latest losses to the Global War on Terrorism.





## Post, Army news briefly

### Work slated for barriers

Installation of pop-up barriers on Fort Riley will resume Sept. 5 at the 12th Street gate.

The work will take about two days to complete and will begin after 2 p.m. Sept. 5 and again after 2 p.m. Sept. 6.

Inbound traffic will be routed north on K Street and west on the first street behind the dog kennels to I Street. At that point, traffic may go south back to 12th Street or north to Seventh Street.

Outbound traffic will continue to use 12th Street to exit the post.

### Blood drive gets 149 units

The Red Cross Blood drive Aug. 15 and 16 at Riley's Conference Center collected 149 good units, one shy of the 150-unit goal.

Before the blood drive, the local Red Cross stated it had only one day's worth of blood on reserve.

Eighty-four potential donors showed up to offer their blood Aug. 15, resulting in 65 useable units collected.

One hundred six donors showed up Aug. 16, resulting in 84 good units collected.

Thanks were extended to Sgt. Rusty Beason and his Soldiers of the 3rd Brigade for assisting with the blood drive.

### Health fair scheduled

The 2007 Open Season Health Benefits Fair is scheduled for 9 a.m. to 2 p.m. Nov. 30 in the Civilian Personnel Advisory Center, Building 319, on Marshall Avenue.

FEHB Plan representatives will be on-site to answer questions, provide information and distribute health care packets.



Participants at the ITAM conference field day at Fort Riley check out the ITAM blimp close up. The blimp is equipped with digital camera equipment that allows it to take aerial photos of the training areas.

Post/Morelock

## Training areas continued from page 1

The conference teaches the best ways to sustain military training lands for use into the future, said Chris Otto from Fort Riley's ITAM program.

The conference, which is held near a different military installation each year, included sessions on several topics.

ITAM is made up of a couple of different components, Otto explained. Range and training land assessment is used to determine the condition of training lands.

Land rehabilitation and maintenance is fixing the damage caused by training. Sessions at K-State included specific topics such as geographical information systems and how to repair gulleys created by training.

"It's a good opportunity for ITAM people to exchange lessons learned, to highlight successes in different programs, share information and (to explain) techniques that are working well,"

Otto said.

During the field day at Fort Riley Aug. 10, participants spent the morning wandering around the training area, learning about the different studies going on at Fort Riley and about different techniques used to repair damage.

Under the shade of one tent, Paul Ayers from the University of Tennessee explained to a group of participants the purpose of the spiral tracks in the grass behind him.

Ayers has been working on the project at Fort Riley for about two years. The project tracks vehicles using global positioning systems during different training exercises.

The data collected from the maneuvering vehicles is then used to find out what site specific impact the vehicles have, Ayers said.

The information provided by the study will be useful in determining how much vegetation is

removed during training exercises and how to best restore the damaged areas.

Participants also got to take a first-hand look at some training at Fort Riley. After the morning demonstrations, groups got an inside look at Soldiers from 2nd Battalion, 16th Infantry, clearing buildings at the Combined Arms Collective Training Facility.

From behind Plexiglas doors, they watched as the Soldiers entered the building and searched each room, and then gathered outside to answer questions from the on-lookers.

Besides the training demonstration, participants toured the U.S. Cavalry Museum on Main Post, shot M-4 carbines on a firing range and tried out the tank simulators at the Close Combat Tactical Trainer.

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Post/Morelock

Participants at the ITAM conference look over information on one of the projects explained at the field day. More than 500 participants from the United States, Canada, Germany and Great Britain attended the conference Aug. 7-11.

CHARTER COMMUNICATIONS- THAYER  
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Black only  
3X10.5 Charter #7308

USA DISCOUNTERS  
3 x 10.5"  
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BLIKR/8/11/06



## Post, Army news briefly

### PENN cleans CIF equipment

The laundry Drop Off/Pick Up Point for services provided by PENN Enterprises, Inc. is located at Building 229, the old commissary, on Custer Avenue. Hours of operation are 7:30 a.m. to 3:45 p.m. Monday through Friday.

These services are offered to all military personnel for cleaning of most Central Issue Facility items and are turned around within three days.

When CIF items are cleaned using PENN's services, a cleaning Soldier need only present their laundry receipt for CIF to automatically accept the equipment.

## Clinic

continued from page 1

The clinic staff will take necessary lab samples but shuttle them to the hospital for the actual laboratory work, he said.

Later, if staffing permits, families will be added to the clinic's care, but only if the clinic has the personnel needed to provide adequate care, he emphasized.

Current plans call for a staff that includes Brooks, who is a family practitioner, the brigade surgeon, Dr. (Maj.) Tim Duffy, Dr. (Capt.) Eric Rawie, a registered nurse, a licensed practical nurse, a noncommissioned officer and flight clerk, three to seven aviation physician assistants and a number of enlisted medics, Brooks said.

As of Aug. 18, most of the equipment and furniture needed to operate the clinic had been put in place, Brooks said. All that remained was to add two booths to screen hearing and a vision screening machine, he said.

An official opening ceremony is planned at the clinic at 2 p.m. Sept. 6.

Mike Heronemus can be contacted at [mike.heronemus@riley.army.mil](mailto:mike.heronemus@riley.army.mil) or 239-8834.

COPELAND INSURANCE  
2 x 3'  
Black Only  
2x3 Copeland Ins

VALENTINOS OF MANHATTAN  
3 x 7'  
Black Only  
3X7 Valentino's Anniversary

### IMA

FORT MYER, Va. — Command Sgt. Maj. Willie Ash Jr. became the Installation Management Agency's enlisted advisor Aug. 3 during a ceremony at Fort Myer's Conmy Hall.

Ash replaced outgoing Command Sgt. Maj. Debra L. Strickland as the command's top enlisted person and chief advocate for safety, Soldiers and Army base operations for IMA.

Strickland was the first senior advisor on installation management for the IMA director and had held the position since August 2002. In farewell remarks, she recalled her four years with the organization, starting with standing up a new agency in a moth-balled building that had a lot of hanging wires and precious few walls.

"I thought this was going to be a six-month assignment, but my replacement never showed up," Strickland said with a characteristic deadpan demeanor. "But after a year, I started thinking maybe two years wouldn't be enough."

Strickland will be the first command sergeant major for the



Command Sgt. Maj. Debra L. Strickland (center) relinquishes the noncommissioned officer's sword to Brig. Gen. John A. Macdonald, Installation Management Agency director, at a change of responsibility ceremony Aug. 3 at Fort Myer, Va. Macdonald then passed the sword to Command Sgt. Maj. Willie Ash Jr. (right center), incoming IMA command sergeant major.

IMA/Oerweig

Office of the Assistant Chief for Installation Management and will advise Lt. Gen. Robert Wilson, the assistant chief of staff for Installation Management, on Soldier matters.

Ash previously was the first command sergeant major for IMA's Southeast Region, Fort McPherson, Ga. He has been in the Army since 1978 and has served in a variety of leadership positions in about every Army

organizational level. He also served a combat tour in Operation Iraqi Freedom.

Before relinquishing the noncommissioned officer's sword to Ash, Strickland was presented two awards. Brig. Gen. John A. Macdonald, IMA director, and retired Maj. Gen. Anders B. Audland, the first IMA director, presented her the IMA Stalwart Award. The Stalwart Award recognizes commitment to the IMA

mission.

Lt. Gen. Michael D. Rochelle presented Strickland the Maj. Gen. Horatio Gates Medal. The medal is the highest award authorized by the Adjutant General's Corps Regimental Association. Rochelle is the previous IMA director.

Macdonald praised the accomplishments of Strickland at the change of responsibility ceremony.

"She focused on being the eyes and ears of IMA, and most important, the voice of the Soldier. From the fledgling days of IMA to present day, she has indeed served the best interests of the Soldier and their families," Macdonald said.

She recalled being asked early on what a command sergeant major would do in a mostly civilian agency. "Aha, 'first test,' I thought, and I said, 'well, this agency was created to make life better for Soldiers and their families, and who else but a command sergeant major should help set the course for that?'"

Strickland said she proceeded to define the IMA command sergeant major job in terms of being the Soldiers' representative with the IMA decision makers.

Macdonald also noted the extensive experience Ash brings to the organization. He said Ash brings to IMA "not only a wealth of installation management experience as a former garrison and region command sergeant major, but also as a brigade combat team command sergeant major in Iraq who knows exactly what Soldiers need to fight this war we are in."

## Driving

continued from page 1

the way. Trainees are instructed how to traverse obstacles on a highway or off the road and in low visibility conditions.

Capt. Michael Volpe, the officer in charge of the course, said the training is unique from regular driver's training because of its focus.

"In driver's training, we are teaching someone how to drive the Army standard within a certain set of events. This [combat driver's training] training is a lot more combat oriented," he said.

"Garrison training is designed to teach people the basic maintenance of the average Army vehicle and ordinary driving skills. We take that training and build on it so they can be confident and competent when they are out facing situations in the wild," he continued.

Volpe said one of the reasons

this form of driver's training is so important is "Soldiers will be driving on the Iraqi roads more often than [they] will engage in combat. We give them the skills and confidence necessary to maneuver a six-ton vehicle through the Iraqi traffic in combat and non-combat conditions."

Combat Driver's Training has received encouraging feedback from deployed Soldiers. "We have gotten comments from teams downrange that this training has been of immense value [in Iraq]," Volpe said. He noted that the training to prevent or prepare trainees for roll-over accidents

has already saved lives.

The Combat Driver's Training course takes place on three tracks designed to simulate combat conditions or hazards the trainees may face in Iraq.

The first is a series of broken and overturned vehicles blocking the highway. The second is a chain of rugged off-road terrain features on the steep angles of a hillside. The third is a section of road the trainees drive down at night while wearing night vision goggles.

Trainees of MiTT Class 03 said they believed this training would increase their chances of mission

success in Iraq. Maj. John Best, one of the MiTT trainees, said, "Most of the operations we will be conducting in Iraq will consist of mounted patrols using 'Humvees.' The experience we gain here will be absolutely invaluable in preparing us for the obstacles we are going to face."

Petty Officer 1st Class Joseph Elkins, a Sailor undergoing MiTT training with Class 03, is preparing for his first land-based deployment in a combat zone. Elkins said before Combat Driver's Training he had never driven a "Humvee."

One of the first things Elkins

said he learned was "Humvees" are built for function and not for appearance or comfort.

Elkins said, although he has operated a "Humvee" only a few times, he feels confident using one because "we have really good instructors out here. The training is grueling, but not anything a Sailor couldn't handle."

Underscoring the importance of the training, Volpe said, "I want [the trainees] to walk away knowing this vehicle is a durable, safe and efficient combat platform and that they are confident in their ability to maneuver these vehicles in combat."

FIRST ASSEMBLY OF GOD-MANHATTAN  
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Black Only  
2x4 1st. Assen/God Aug TF

EYECARE ASSOCIATES OF MANHATTAN  
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# Army creating new command

## Installation Management Command set for FY07

### U.S. Army

The Army is reorganizing how it manages installations worldwide into an integrated command with the activation of the Installation Management Command in early fiscal year 2007.

The current installation management structure includes four separate organizations: components of the Assistant Chief of Staff for Installation Management offices, the Installation Management Agency, the Army Environmental Center and the U.S. Army Community and Family Support Center.

The new Installation Management Command will be accountable to the chief of staff of the Army for effective garnison support of mission activities — to serve as the Army's single authority and primary provider of base support services.

This initiative is part of Army efforts reorganizing its commands and specified headquarters to obtain the most efficient command and control structures to support its Modular Force.

The Army Environmental Center and the U.S. Army Community and Family Support Center will remain separate organizations — subordinate commands — under

Installation Management Command.

The new command also will consolidate the current four Installation Management Agency regions within the United States into two — to be located at Fort Sam Houston, Texas and Fort Eustis, Va.

"This new command is the next logical step in the evolution of Army installation management," said Lt. Gen. Robert Wilson, the assistant chief of staff for installation management.

"It will dramatically improve our ability to effectively and efficiently manage this critical function with agility to support commanders, Soldiers and their families," he said.

The new command, most of which is based in Virginia and Maryland, will relocate to Fort Sam Houston, Texas, in accordance with requirements of the recently concluded Base Realignment and Closure process. The Army staff functions will remain at the Pentagon.

Wilson also said that while the new organization will most likely be smaller than the current structure, it will be an organization that is "committed to managing personnel changes through attrition in order to minimize turbulence."



U.S. Army Col. Bart Howard presents the colors during a transfer of authority ceremony at Kandahar Airfield, Afghanistan, July 31.

345th MPAD/Ramon

# Ex-1st Bde. CO part of transfer ceremony

By David Fraembs

345th MPAD

KANDAHAR, Afghanistan — A Fort Riley, Kan., officer participated in a historic transfer of authority from Coalition forces to NATO's International Security Assistance Force July 31 in southern Afghanistan.

Col. Bart Howard, chief of staff of Combined Forces Command-Afghanistan and former commander of the 1st Brigade, 1st Infantry Division, at Fort Riley, recently served as ceremony commander of troops for the official Transfer of Authority of Regional Command South from U.S.-led Coalition forces to NATO.

The transfer signified an important step in the ongoing mission to secure and rebuild Afghanistan.

"It was a great honor to represent the thousands of servicemembers representing the Coalition," he said.

Two ceremonial platoons comprised of servicemembers from

each country and the Afghan National Army formed for the ceremony to represent the 26 nations involved. The color guard consisted of Coalition, Afghan National Army and U.S. servicemembers.

Time spent in Kansas has shown Howard that Americans support the U.S. and International effort in Afghanistan, he said. "Kansas is truly middle America and Kansans sincerely appreciate the sacrifices our military and families make."

"I think many Americans would be surprised to realize what a large Coalition effort we have in Afghanistan. On a daily basis, I work with servicemembers of many nations, all striving for one goal: a better future for Afghanistan. That is a powerful statement of resolve," Howard said.

NATO-ISAF now controls the northern, western and southern regions of Afghanistan. Sometime within the next few months, NATO will assume command of the eastern region.

## Memorial

continued from page 1

line of work, Brown and Mennemeyer placed the welfare of others before them. They accepted those dangers and dedicated themselves to saving others they did not know, he said.

Maj. Dustin Elder, 82nd Med. Co. commander, recalled that Mennemeyer always performed his duties with dedication, zest and professionalism rarely seen in the Army.

Brown was one of the most

experienced and hard-working crew chiefs in the unit, he added.

"As a flight medic, Sgt. Mennemeyer was second to none," said Master Sgt. Scott Heise, flight platoon sergeant in the 82nd Med. Co. "He was the first choice of many Soldiers when they were injured or not feeling well," he said.

Mennemeyer's professionalism could not be challenged, Heise said. "He would not take short

cuts; he would not shirk his duties."

Brown was a hard-working crew chief who set the standard for fellow crew chiefs in the 82nd Med. Co., said Sgt. Brian Benson, reading comments from Brown's fellow Soldiers still in Iraq.

Beyond his professionalism as a crew chief, he was a close friend who was always able to boost morale by doing something as simple as walking into a room and

starting a conversation, Benson continued.

Together, Mennemeyer and Brown flew more than 50 medical evacuation missions "to save others lives. There is no better definition of 'hero,'" Elder said.

Although their loss is a time of sadness, Elder urged those gathered to focus instead on "the countless lives they touched and saved. This is their enduring legacy."

## Alaska Soldiers must go back to Iraq

### AFPS

WASHINGTON — Three hundred one Soldiers with an Alaska-based unit extended in Iraq will return to the combat zone to serve with their comrades in arms, Army officials have announced.

A total of 378 Soldiers with the 172nd Stryker Brigade Combat Team had returned to Alaska in June and July at the end of their scheduled 12-month tour in Iraq. But before the rest of the

4,000-Soldier unit could redeploy, officials halted their return to bolster Iraqi and coalition forces in Baghdad.

Now, 301 of those Soldiers who made it back to Alaska will return to their unit within the week. The other 77 soldiers were considered essential to unit operations in Alaska or had other special circumstances. Some had already reported to mandatory schools or follow-on assignments, or had medical issues or family emergencies.



Sgt. Jeffrey Brown

## Sgt. Jeffrey Brown

Born Feb. 11, 1981, in Trinity Center, Calif.  
Enlisted April 19, 2000

Assigned to 82nd Med. Co. (AA) in September 2003 after a tour of duty in Germany

Was on his second deployment to Iraq  
Decorations include Bronze Star Medal, two Air Medals and Army Achievement Medal



Sgt. Steven Mennemeyer

## Sgt. Steven Mennemeyer

Born Dec. 9, 1979, in Frankfurt, Germany  
Enlisted in Army National Guard Feb. 2, 1998

Joined active Army Aug. 7, 2002

Assigned to 82nd Med. Co. (AA) in February 2005 after an assignment in Germany

Was on his second deployment to Iraq  
Decorations include Bronze Star Medal, two Air Medals, four Army Commendation Medals, Army Achievement Medal and Combat Medic Badge

CHRIST THE REDEEMER  
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Black Only  
202 Christ the Redeemer

GEARY COUNTY LEARNING CENTER  
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202 GC Learn Ctr Missing Some

WATERS TRUE VALUE-MANHATTAN ST  
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THE MARTIN AGENCY  
4 x 10"  
Black Only  
4x10 TBD





# Commentary

Friday, August 25, 2006

Fort Riley Post

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## Riley Roundtable

### This week's question:

The new commanding general is getting acquainted with conditions and operations at Fort Riley. If he asked, what do you think he ought to know about Fort Riley?



"He should take a close look at the training and reorganization of units to make sure it (the Army's modular plan) is working."

**Staff Sgt. Mary Cannon**  
Petroleum supply specialist  
Co. G, 610th BSB  
Hometown: Sealy, Texas



"Fort Riley is a crazy place. There are a lot of young Soldiers away from home for the first time, and they're doing things they never could have done at home."

**Pfc. Maria Cebrenes**  
Supply specialist  
Co. B, 610th BSB  
Hometown: San Diego



"The post works pretty good but needs to get Soldiers a little more information about where they're going (transition in training mission). The post knows where it's going, but all the Soldiers don't know."

**Sgt. 1st Class Robert Greeley**  
Maintenance supervisor  
70th Engineer Battalion  
Hometown: Brick, N.J.



"That changing from a heavy armor mindset to a light mindset is a big transition, but we're making headway. We're adjusting well, but it's taking time."

**2nd Lt. Ben Hart**  
Platoon leader  
Co. C, 2nd Bn., 16th Inf.  
Hometown: Mt. Holly, N.C.



"The housing is too small for a family of four, so I'm glad the post is addressing the housing issue. I've had a hard time finding child care, so I'm glad the post is addressing child care."

**Monique Ward**  
Military spouse and student  
Hometown: Waycross, Ga.

### Letters to the editor:

Letters to the editor containing personal opinions on issues of interest to readers may be e-mailed to [mike.heronemus@riley.army.mil](mailto:mike.heronemus@riley.army.mil) or faxed to 239-2592. They must contain no libelous statements or personal accusations and must include the writer's full name and a phone number where he or she can be reached to clarify points in the letter. Letters may be edited to fit space on this page but will not be edited to change the writer's view.

## 'Danger Six' sends Good partnership will help students

By Maj. Gen. Carter Ham  
Commanding general,  
1st Inf. Div. and Fort Riley

A new school year is again upon us. The schools of Fort Riley and our surrounding communities are all now completing the first few weeks of classes – students, teachers and parents are all settling in to new routines and schedules with all the excitement and energy that each new school year brings.

As our young students know, the beginning of a new school year is a time of transition and this year, with all the change at our post, the transitions are even greater than normal. Through a summer of change, many families have arrived at Fort Riley from around the world – many coming from Germany, several with Soldiers just back from an



Maj. Gen. Carter Ham

transition period so that they may enjoy a highly successful, challenging and rewarding school year.

I am convinced that the key to school success is an effective partnership between parents and teachers. I have visited each of the on-post schools with Mr. Ron Walker, our superintendent, and I came away tremendously impressed by the professionalism

and dedication of our teachers and our principals. They want the same thing we all want: a school setting that is conducive to learning and personal growth. I think that's exactly what we have at Fort Riley.

But, the teachers and principals – as good as they all are – cannot do it alone. They need us – parents and leaders – to help our students achieve their goals.

To that end, I encourage you to find a way to make a difference at one of our schools. If you are a parent, I expect that you will participate in your child's education by attending parent-teacher conferences and by ensuring your home environment supports your student's homework and study requirements.

Know that you are welcome at the school. Find time to go see the classroom. Arrange to volun-

teer. Support the schools' extracurricular activities. If every parent would do just a little, think how powerful that would be in making every one of our schools the kind of place we want our kids to have.

Together – parents, teachers, principals and students – we can make this school year a wonderful learning experience.

A final note about school safety. Let's all be mindful of school speed zones. Be careful as you approach road crossings. The crossing guards are there, so be attentive. And, be especially cautious when the school buses are operating. Little people sometimes end up in places they shouldn't be, so it is our responsibility to watch out for them.

Thanks for all that you are doing to make Fort Riley such a great place to live and to serve.

Duty First!

### Command messages

## Enjoy Labor day, but act, stay safe

Over a century ago, Labor Day was celebrated for the first time to recognize the hard work of the individuals within the trade and labor organizations. Since then, it has become a national holiday celebrated across the country.

We, in the military, have good reason to be especially proud of the work we do each and every day, and we need to take time from our busy schedules to relax.

As the final long weekend of summer approaches, we must do all we can to make this a safe one. Too many lives were lost this summer to privately owned vehicle accidents, especially those involving motorcycles.

All of these accidents can be attributed to a lack of discipline. Some of these Soldiers returned from deployments in combat zones only to be needlessly back here in the United States.

The Labor Day holiday is a time to enjoy the long weekend with family and friends, not to mourn the loss of another Soldier. Speeding, driving while fatigued and alcohol use all carry enormous risks that may endanger

your chances of making it to your destination alive.

Commanders and first-line supervisors must review the plans of every Soldier in their charge to ensure they have identified and mitigated the risks involved in their planned activities. First-line leaders must ensure Soldiers operating motorcycles have the required training, are licensed and use the required protective equipment.

I expect our leaders to take ownership of the challenge of preventing injury to our Soldiers. All Soldiers taking leave or on pass must complete the Army Safety Management Information System Risk Assessment Tool. The ASMS-2 and briefing materials can be found on the Combat Readiness Center Web site, <https://crc.army.mil>.

I would like to thank the Soldiers and civilian workers of III Corps for all they do for our nation. Have a safe weekend with family and friends and enjoy your Labor Day.

**Lt. Gen. Raymond Odierno**  
Commanding general  
III Corps

### Letter to the editor

## Drivers need to slow down, watch for kids

School has started again and the kids are on the move. Whether they are walking to school in the morning or coming home at night. We, as drivers, need to be aware when we are driving through the housing areas and in the school zones.

With all of the boats, campers and trailers parked in the housing areas, it is hard to see a kid trying to cross the street.

Speeding is another factor drivers need to be aware of. The speed limit in the housing areas is 15 mph, 20 mph if you are on a main road. The post or housing needs to look at ways to slow

down traffic in the housing area. Too many drivers are in a hurry and speed through housing to get to work.

More MPs need to sit in the housing area and give out tickets or we need to install more speed bumps. I would hate to see a kid get hit by a careless driver.

Some may not think that it is important, but what if it is your kid that gets hit? All it takes is a kid playing in the front yard and a ball to roll onto the street.

Let's be safe this year and slow down for the sake of kids.

**Staff Sgt. Rodney Riedesel**  
HHC, 1st Bn., 16th Inf.

### Grunt By Wayne Uhden



### FORT RILEY POST

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### How does the Post rate?

	Poor	Fair	Good
Interesting articles .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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Mix of unit, community news .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Photo coverage of events .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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Entertainment coverage .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Travel coverage .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Availability of paper .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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Your opinion is important to the Post editor and staff. Please take a moment to tell us how well we are doing our job of keeping you informed about what is happening at Fort Riley. Fax the form to (785) 239-2592 or clip and mail this form to Editor, Public Affairs Office, Building 405, Fort Riley, KS 66442, or drop the form at building 405. You may also send your opinions to the staff by e-mail at [mike.heronemus@riley.army.mil](mailto:mike.heronemus@riley.army.mil).

### What are your concerns or suggestions for improvement?

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Your name (optional) and phone number (if you would like to talk about your ideas):





## Post, Army news briefly

### Veterans plan to visit post

Former members of the 17th Air Assault Helicopter Company plan to visit Fort Riley all day Sept. 8. Their visit will include a morning memorial service in Morris Hill Chapel, a demonstration by the Commanding General's Mounted Color Guard, lunch at Riley's Conference Center, a driving tour of historic Main Post, a visit to the flight simulator in Building 724 and a tour of Marshall Army Airfield and the hangars there.

### AAFES puts ACUs online

With the latest edition to the Army and Air Force Exchange Service's online store, troops can now assemble their uniforms with just a few clicks of the mouse.

The virtual exchange's new "Uniform Ready-to-Wear" site makes it easy to complete uniform orders through one easy-to-use Web page. The final product is shipped to the Soldier's door, ready to wear right from the box with no assembly required.

Uniforms can be ordered with add-on items, such as boots, belts, T-shirts and socks. A local alterations contractor will even attach all nametapes, rank, insignia, badges and patches.

Operational since July 24, the "Uniform Ready-to-Wear" site may be accessed by logging on to [www.aafes.com](http://www.aafes.com). From there, military service-members need only select "Military Uniforms Ready-to-Wear" to begin creating their custom uniform.

### Event honors women's vote

The division Equal Opportunity Office will sponsor Fort Riley's celebration of Women's Equality Day from 11:45 a.m. to 12:45 p.m. Aug. 25 at Riley's Conference Center.

The theme for the celebration is "Celebrating Women's Right to Vote." The program is free and open to all Soldiers, family members, civilian employees and members of surrounding communities.

### Army offers \$500 reward

A \$500 reward is being offered by the U.S. Army Criminal Investigation Command for information leading to the identification, apprehension and conviction of the person or persons responsible for the housebreaking and larceny of government property from Building 820 in the 97th Military Police Battalion motorpool.

The motorpool was broken into between 5:30 p.m. April 27 and 9 a.m. May 1.

Anyone with information concerning this incident should call the Fort Riley CID office at (785) 239-3932 or the MPs at (785) 239-6767.

MEMORIAL HOSPITAL ABILENE  
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# 'Black Lion' medics meet challenge

## Private first class named class's honor graduate

By Charles Wyatt  
1st Bn., 28th Inf.

The 1st Battalion, 28th Infantry, "Black Lions" medical platoon trained in tactical combat casualty care Aug. 7-11 at Fort Campbell, Ky.

"This course provided great professional opportunities by extending my scope of practice in medical skills that surpassed any previous medical training I have ever attended," said Spc. Jesse Boatman.

The course emphasizes three stages of combat care: care under enemy fire, tactical field care and casualty evacuation.

Care under enemy fire is the stage that emphasizes applying tourniquets to casualties to prevent severe bleeding on the battlefield. During this stage, the "Black Lion" medics were taught to return fire as medics while under effective hostile fire from the enemy.

Tactical field care is the stage in which medics render care because they are no longer under effective hostile fire. Available medical care is still limited to that carried into the field by mission personnel. For medics, this typi-

cally means nasopharyngeal airways can now be used and bleeding can be further controlled. The goal is to get the casualties to stage-3, which is casualty evacuation.

CASEVAC is the last stage taught. It involves the care rendered once the casualty has been picked up by aircraft, vehicle or boat. Additional medical equipment and personnel should now be available to casualties during this stage.

CASEVAC should not be confused with medical evacuation because patients do not have to be evacuated on standard vehicles. Medics use any means possible to get the casualties to the closest medical treatment facility.

The "Black Lion" medics learned multiple tasks while attending the course, including needle chest decompression, using external jugular intravenous sticks and treatment of casualties in a stressful limited visibility environment while under enemy fire.

They had to complete a written test covering skills from the entire course, negotiate a physically demanding obstacle course for evacuating battlefield casualties,

A 1st Bn., 28th Inf. medic straps a dummy into a litter during one phase of tactical combat casualty care training at Fort Campbell, Ky., Aug. 11-17.

"Black Lions" photo



"Black Lions" photo

A member of the "Black Lions" Medical Platoon treats a high-tech medical dummy - SIM-MAN - during training at Fort Campbell, Ky. The dummy can simulate breathing, a pulse and bleeding.

use the fireman carry to move injured Soldiers to casualty collection points and place casualties on litters.

Technological innovations were introduced to the course in the form of a \$250,000 SIMMAN. This simulated casualty has a pulse, can breathe and can bleed.

All "Black Lion" medics attending the course graduated. "This was one of the best medical platoon to go through my course in all my years here at Fort Campbell," said Sgt. 1st Class Niles Arrington, senior noncommissioned officer for the course.

An Honor Graduate award was presented to the medic who demonstrated the most proficiency while attending the course.

Pfc. Michael Cox was named honor graduate for the course and was honored by instructors with a 101st Air Assault coin for his achievement. Cox said, "This course was our first chance to better ourselves as medics and get first-hand experience from

instructors that have performed these tasks in a combat environment."

Training will continue for the "Black Lion" medics now that they have returned to Fort Riley. The medical platoon now takes their newly honed skills into a demanding fall training schedule.

"We have to train aggressively here at Fort Riley to ensure we can provide world-class medical support to the 'Black Lions' when we are called into combat," Cox said.

## HOUSE FILL AD

THURSTON LAW FIRM, CHTD.  
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LAKESIDE MARINE  
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CAPITOL PLAZA HOTEL  
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THE COLUMBIAN THEATER  
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COLLEGE HEIGHTS BAPTIST  
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CANDLEWOOD HEALTH MART PHARMAC  
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BOCKERS II CATERING  
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COLORTYME-EQUITY ENTERPRISES,  
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# Sailors look at land-based utility systems

By Lisa Litchfield  
Task Force Dagger PAO

A typical naval deployment usually means that a Sailor boards a ship, begins his mission and only sets foot on land for liberty or where the mission is complete. The Sailors training with Military Transition Team Class 03 at Fort Riley are not preparing for a typical naval deployment.

Eighteen Sailors are being trained as the Navy's first transition team and are preparing for roles in Garrison and Regional Support Units. These units will be instrumental in the Iraqi's ability to rebuild their country, according to Capt. Aaron Curtis of the 2nd Brigade, 91st Division (Training Support), the unit training the Sailors.

Curtis said all the Sailors recently completed functional training for their upcoming mission. That training included touring drinking water and sewage treatment plants in Junction City and the electrical power plant at Kansas State University in Manhattan.

Curtis noted the training was crucial for giving the Sailors first-hand experience of looking at what an operating, real life, hands-on water treatment plant is. "When they do go to Iraq, they will be able to use that skills set and help to improve the infrastructure there," he said.

Sailors bring a unique experience base to this deployment, Curtis explained. Although the land-based portion is unfamiliar, the infrastructure work is something they do regularly aboard their ships.

Inherent to the typical skills of a Sailor, they are already used to working with water and purifying water out on ships and different things, so a lot of times they have more skills than a typical Soldier would, just in their basic training," Curtis explained.

"A lot of them have already had skill sets and experience available to them, so when they get here they are already asking questions," he added.

Navy Commander William Hesse, former deputy director for Damage Control and Fire Protection at Naval Sea Systems Com-



Sailors who are part of Military Transition Teams training at Fort Riley check out the drinking water treatment plant (far left) and waste-water treatment plant Aug. 17. The Sailors will work with Iraqis to improve and protect that country's utility plants.

Task Force Dagger PAO/MacLeod

mand and a current Transition Team leader, identified some of the skills the Navy possesses for this mission.

"A ship is its own city, so we have to make our own water. We have to make our own electricity. We have to take care of our own sewage. We have large distilling plants on the ship that we (use to) make salt water into potable water."

"I was telling one of the tour guides, we think in scales of thousands of gallons whereas now we're talking in scales of millions of gallons a day, so the theory is very, very close. It's just the application now is on a much broader scale," he said.

As far as challenges go, Hesse was quick to say that the difference was mainly focused on being on dry land as opposed to being based on the ship.

"I think that the first thing was just overcoming the uniqueness of it. For example, when we would deploy on a ship ... the ship goes as one; we really don't have to bring a lot of stuff with us. But now we're finding that we're getting all the gear issued to us and having to go out there. That's really the uniqueness and the culture

change, but once you get over that, a deployment is a deployment," he said.

Curtis said preparing to advise the Iraqis and help them with their utilities is critical to the attitudes of the people there.

The level of infrastructure that is up and working has a direct correlation to the insurgency there and how the local populace feels, Curtis explained.

"If they have more electricity, not just intermittent electricity, if they have decent water and if they have just a few basic utilities, you'll find those areas have, well, it's been my experience I should say, that they have a lower percentage of insurgency in that area," he explained.

Curtis also noted one major tactic of the insurgency: To "bring discredit upon (the) fledgling government, they would blow up and sabotage the local utilities and just say, 'look, they're not doing anything for us.'"

Hesse said about 80 percent of the transition team Sailors have trained in the engineering field, and they realize how critical this mission is for training Iraqis.

"I think the importance of this [tour] is showing us how the

infrastructure here in the United States works. When we get over to the forward operating bases where we are going to be at, we can see how it is supposed to work, see what they have and then hopefully put the two pieces together to get a functional system," Hesse said.

"I think once we get the stabilization of power and water distribution as well as with medical, I think that will go a long way to curbing the insurgency type activity," he added.

Seeing the way the utility plants operated was beneficial to the teams, Hesse said. The Sailors noted the differences in treatment at the water plant in Junction City in comparison to a shipboard system.

"Seeing the larger scale, the different treatment techniques that they use, we use treating with bromine, they're treating with chlorine, chloride, so some things that we don't usually do they're dealing with. Getting to understand why they do it was very beneficial," Hesse said.

The boiler system at K-State also was informational for the Sailors and let them know in advance what sort of challenges



Task Force Dagger PAO/Litchfield

Navy Commander William Hesse checks out meters that are part of the Kansas State University electrical power plant as part of his Military Transition Team training. They visited the plant Aug. 17.

they might come up against in-country.

"This is very similar to what we have on the ships but the challenges we're going to have with any boiler system is it's a very temperamental system so you

have to always stay ahead of it with your testing and analysis of the feed water," Hesse said.

"[It] is going to be a challenge to instill that kind of discipline into the Iraqi standards," he added.

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# 774th EOD Co. gathers for farewell

By Mike Heronemus  
Editor

About 20 Soldiers stood in formation inside Riley's Conference Center Aug. 21, waiting for the formal farewell ceremony marking their impending departure to Afghanistan.

The 774th Explosive Ordnance Disposal Company will deploy again in support of the Global War on Terrorism. The exact deployment date is a little uncertain, said Maj. Gen. Carter Ham, commanding general, 1st Infantry Division and Fort Riley, but the company's Soldiers are ready.

Preparation for this deployment included three weeks of special training at Redstone Arsenal, Ala., where the company worked through scenarios involving improvised explosive devices, generally considered one of the biggest threats against U.S.

Forces deployed to Afghanistan and Iraq, said Capt. Richard Hoback, company commander.

The company also has received country briefings and situation updates as well as practice in performing their supporting roles while attached to a brigade rotating through the National Training Center at Fort Irwin, Calif., in February and March.

"Looking at (these Soldiers), you see a lot of right shoulder patches already, indicating that they have tremendous deployment experience and great operational experience," Ham remarked.

Hoback said about half of his company has already been to Afghanistan or Iraq, some to both. "All my leaders have deployed before," he said. Hoback served previously in Iraq.

Sgt. 1st Class Jeffrey Wade will be making his seventh deployment into harm's way. He has

been to Afghanistan three times and also served in Bosnia, Iraq and Kuwait, not all with the 774th EOD.

"I got reassigned to the 774th so I could deploy," said the husband and father of three children. "My family's fine with (the frequent deployments)." Wade said he especially likes the culture of the region and taking part in humanitarian projects, such as delivering school supplies.

He shares those humanitarian excursions with his children and wife, he said.

Sgt. 1st Class Jamey Cowley will be making his second trip to Afghanistan. He has deployed previously to Bosnia, Egypt and Israel.

The rugged terrain in Afghanistan creates a dangerous dimension for U.S. forces there, he said. "They know the terrain better and use it to their advantage. There are a lot of good places for ambushes."

The experience of those Soldiers, such as Wade and Cowley, wearing right shoulder patches "is very much needed in Afghanistan these days, and these are exactly the right Soldiers and the right leaders to take on that very difficult mission," Ham said.

"Our son-in-law is a platoon leader with the 10th Mountain Division in Afghanistan, and I know that he is counting on you ... and the great technical support that this company provides better than any other in theater."

Most news Americans hear



Post/Heronemus

The right-shoulder patches worn by many of the 774th EOD Co. Soldiers show "... these are exactly the right Soldiers" to send to Afghanistan, points out Maj. Gen. Carter Ham, commanding general, 1st Inf. Div. and Fort Riley, at the company's deployment ceremony Aug. 21 in Riley's Conference Center.



Post/Heronemus

Maj. Gen. Carter Ham (center), commanding general, 1st Inf. Div. and Fort Riley, shakes hands with Soldiers of the 774th EOD Co. who will deploy to Afghanistan in the near future. He had delivered the farewell speech at the unit's deployment ceremony.

PRAIRIE HAWK CYCLE & LEATHER,  
1 x 1.5"  
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1x1.5 Prairie Hawk Aug TF

## Army to increase Foreign Area Officer corps

Army News Service

ARLINGTON, Va. — The Army is working to increase its Foreign Area Officer corps by 30 percent to improve relationships between U.S. and foreign militaries.

Often described as Soldier-statesman, FAOs spend more than half their careers in foreign embassies, serving as attachés, security assistance officers, staff advisors on military affairs and operations and as liaison officers to foreign militaries.

FAOs combine military skills with specific regional expertise, language competency and political-military awareness to represent the Army and advance U.S. interests in one of nine areas: Latin America, Europe, South Asia, Eurasia, China, Middle East and North Africa, Northeast Asia, Southeast Asia and sub-Saharan Africa.

Col. Daniel Fagundes, chief of the FAO proponent said FAO candidates — like Special Forces contenders — must be exceptional Soldiers with strong cultural, linguistic and military intellects.

"You also have to like to interface with people and feel comfortable living and working in different cultures and environments," he said.

The FAO training program lasts three to four years and combines language studies, in-country training and graduate studies.

For more information call Fagundes at (703) 692-7371 or send e-mail to Daniel.fagundes@hqda.army.mil.

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DAILY UNION  
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Black Only  
A to Z COLOR RED





PANASONIC COMPUTER SOLUTIONS C  
6 x 21.25"  
Black Only  
FULL COLOR 692213 Complete Rec





# Fort Riley Community Life

Friday, August 25, 2006

America's Warfighting Center

Page 11

## Community news briefly

### Post offers free child care

School Age Services will offer free child care from 10 a.m. to 1 p.m. Aug. 26 for children of deployed Soldiers and Soldiers who have returned from deployment within the past three months.

For more information, call School Age Services at 239-9220.

### Thrift Store more than 'Cheap Chic'

The Fort Riley Thrift Store helps people turn unwanted but still in good condition items into cash, can help them find some "trash to treasure" items to spiff up their quarters and wardrobe, or takes donated items to help families lighten their weight allowance when moving day approaches.

The Thrift Store also offers volunteer opportunities with training and free child care and even employment.

The store also gives back to the community by disbursing its profits to charitable organizations on post twice a year. Fall and spring applications will be available in October at the store.

Another important aspect of the Thrift Store mission came into play recently when several families on post became victims of home fires.

The Thrift Store teamed with Piceme Military Housing to provide vouchers for free store-owned items to the affected families.

The Thrift Store team also will make arrangements to open its doors exclusively to coffee groups and Family Readiness Groups.

For more information, contact Caroline Ingram at jcdi2004@yahoo.com.

### Youth classes scheduled

Child and Youth Services at Fort Riley have scheduled the following classes and activity:

Aug. 25 - 6:30 to 7:30 p.m., Youth Sports Family Fitness Night at Teen Center

For more information, call CVS at 239-9173

### Community plans parish picnic

The Fort Riley Catholic Community will hold its annual parish picnic Aug. 27 at Moon Lake. Parishioners may attend the outdoor Catholic Mass at 10 a.m. at Moon Lake. This is the only Sunday Mass that will be held on that day.

Immediately after the Mass, the parish will host the picnic. Meat, bread and some drinks will be provided. Families whose last name begins with A-M should bring a side dish to share. Families whose last name begins with N-Z should bring a desert to share.

Everyone should bring their own lawn chairs.

For more information, call the parish office at 239-4815 or 239-4814.

### Stay In Step with Fort Riley

See what's happening on Fort Riley cable Channel 2 every day at 6:30 a.m., 8 a.m., noon, 6 p.m. and 10 p.m.

## BOSS program selects new leaders

By Mike Heronemus  
Editor

The new "BOSS" at Fort Riley will be two people instead of one. A growing population of single Soldiers and evidence that more than one person was needed to run an effective Better Opportunities for Single Soldiers program resulted in Spc. Ajita Curry of Headquarters and Headquarters Company, 1st Brigade, being named the organization's president and Spc. Travis Bittenbender of Headquarters and Headquarters

Company, 2nd Battalion, 70th Armor, being named vice president for the next two years. They officially take over Sept. 1.

They get some added help for the next few months because the outgoing president's reclassification school was delayed, so Spc. Dwayne Allen will stay on to help the program's transition to its new leaders.

Allen said he recommended several unit representatives as candidates to be the new BOSS leaders. "I looked at consistency in attending BOSS meetings and



Spc. Ajita Curry

events) and their enthusiasm," he said.

Former U.S. Army Garrison Command Sgt. Maj. James Noble then interviewed the candidates and decided

choices and said both new leaders will add much to the program.

Having two BOSS leaders will allow "more coverage," Allen said, recalling the difficulty he sometimes had trying to be in two places at one time. It will allow



Spc. Travis Bittenbender

one person to schedule and go on long weekend trips while the other stays at Fort Riley for "closer-to-home" events at the same time, he explained.

Having an extra person also means "we'll have a 'battle buddy' to share responsibilities," Curry added. It also means that BOSS can man two locations on post - the old location in the Directorate of Morale, Welfare and Recreation office on Main Post and a new location in the Internet Cafe across from Long

See BOSS, Page 12

## Ice cream



Post/Heronemus

Society member Pam Overby scoops whip cream to put on her ice cream as prospective member Lauren Hinze (right) and volunteer server Renee Teetsel (left) talk. Caroline Ingram (second from left) waits to serve more ice cream at the Historical and Archaeological Society of Fort Riley's first event of the year in Custer House while Kristen Overby (center) samples her bowl of ice cream.

## Volunteers dish out treats, information

By Mike Heronemus  
Editor

The post's historical society opened its year of activities Aug. 17 with an ice cream social at Custer House to introduce itself to those new to the community and to recruit new members.

The Historical and Archaeological Society of Fort Riley boasts about 160 members now, but can always use new members, said President Jimi Parker. Members help out with the organization's events and fundraisers while learning about the post's history and military heritage. A single year membership is \$5. A lifetime membership is \$25.

Parker counted 12 volunteers helping

with the ice cream social, serving the ice cream and drinks and talking to prospective members.

One of the new members recruited at the ice cream social was the post's new historical architect, Ed Hooker. He is responsible for reviewing all projects relating to the 294 historic buildings on post to ensure the fort upholds provisions of the National Historic Preservation Act.

The organization's biggest event is Apple Day, which comes Sept. 30 this year - the same day as the post's annual open house. Staci Roberts is this year's "Pie Queen," the person in charge of coordinating the creation of about 1,000 frozen and baked apple pies to be sold at Apple Day. It is the society's biggest fundraiser.

One of the society's popular public events is scheduled for Oct. 29 this year. The annual ghost tours on post will start at Custer House and take groups on a walk to about 10 spots where ghostly activity has been reported.

This year's tours will be enhanced with use of bull horns, Parker said, so everyone in the group will be able to hear the stories about the ghostly appearances.

Those stories are detailed in three paperback volumes of ghost stories researched and published by the historical society. They and other items, including historical prints, T-shirts and stationery with historical Fort Riley images, were dis-

See HASFR, Page 12

## Select food, water with care while traveling

By Pete Wiemers  
Public Health Nurse

Contaminated food and drink are common sources for the introduction of infection into the body. Among the more common infections that travelers can acquire from contaminated food and drink are Escherichia coli infections, shigellosis or bacillary dysentery, giardiasis, cryptosporidiosis, noroviruses, and hepatitis A.

Other less common infectious disease risks for travelers include typhoid fever and other salmonellosis, cholera, rotavirus infections and a variety of protozoan and helminthic parasites (other than those that cause giardiasis and cryptosporidiosis).

Many infectious diseases

transmitted in food and water also can be acquired directly through the fecal-oral route. The Department of Health and Human Services provides the following advice:

To avoid illness, travelers should be advised to select food with care. All raw food is subject to contamination. Particularly in areas where hygiene and sanitation are inadequate, the traveler should be advised to avoid salads, uncooked vegetables and unspiced



Pete Wiemers



### FOR YOUR HEALTH

teurized milk and milk products, such as cheese, and to eat only food that has been cooked and is still hot or fruit that has been washed in clean water and then peeled by the traveler personally.

Undercooked and raw meat, fish, and shellfish can carry various intestinal pathogens. Cooked food that has been allowed to stand for several hours at ambient temperature can provide a fertile medium for bacterial growth and should be thoroughly reheated before serving.

Consumption of food and beverages obtained from street vendors has been associated with an increased risk of illness.

The easiest way to guarantee a safe food source for an infant less than 6 months of age is to have the infant breastfeed. If the infant has already been weaned from the breast, formula prepared from commercial powder and boiled water is the safest and most practical food.

See Travel, Page 12



## More options for mom

### TRICARE expands OB ultrasound coverage

By Mark Jecker

TriWest Healthcare Alliance

Although taking an ultrasound peek to satisfy curiosity over whether it's a boy or a girl isn't covered by TRICARE, a new policy change expands the types of diagnosis to include a greater variety of clinical circumstances than before.

TRICARE's policy for OB ultrasounds, which took effect April 1, allows for additional "medically necessary" reasons, based on the provider's documented diagnosis. Additional justifications for an ultrasound covered under the new policy are:

- estimating gestational age
- evaluating fetal growth
- fetal well-being, including cardiac activity
- evaluating a suspected ectopic pregnancy
- vaginal bleeding during pregnancy

- diagnosing or evaluating multiple gestations
- evaluating maternal pelvic masses or uterine abnormalities
- evaluating a suspected hydatidiform mole.

Previously, TRICARE benefits covered only obstetric ultrasounds, also known as sonograms, that were required to diagnose and manage "high-risk" pregnancies. Those conditions are still covered.

They include multiple fetuses, a history of two or more spontaneous abortions, shortage or excess of amniotic fluid, potential genetic disorders, advanced maternal age (over 35), fetal infections, fetus affected by maternal conditions unrelated to pregnancy, short gestation and low birth weight, long gestation and high birth weight and a prior cesarean section.

OB ultrasounds that are not medically necessary are not covered by TRICARE. These include those performed for purposes of screening, routine evaluations or to determine the gender of the unborn baby.

If you are unsure whether your OB ultrasound meets the above requirements, call (888)-TRI-WEST for assistance.







## Chapel services

### Catholic

Sunday Roman Catholic Mass takes place at Morris Hill Chapel 9 to 10:15 a.m. and historic St. Mary's Chapel 11 a.m. to noon Sunday and 4:30 p.m. Saturday

For information on Soldier and family member religious education and sacramental preparation classes, call 239-4815.

### Lutheran

Traditional Lutheran Liturgical worship takes place Sundays from 11 a.m. to noon at Normandy Chapel. Services follow the Lutheran Book of Worship format with traditional piano accompaniment. Communion is shared almost every Sunday.

### Traditional Protestant

Tradition oriented service with an evangelical bent takes place at Normandy Chapel on Sundays from 9:30 to 10:30 a.m. The service uses hymns from the revivalist tradition and worship is patterned after a conventional Baptist format. Piano music accompanies hymns.

### Tradition/Blended Protestant

This community oriented worship takes place Sundays from 10:30 to 11:45 a.m. at the Main Post Chapel. Worship combines traditional hymns with



Kaupen Chapel

a Praise Band consisting of guitar and drum. For information about religious education programs, call 239-6597.

### Gospel Protestant

A Gospel takes place at Morris Hill Chapel Sundays from 11 a.m. to 2:30 p.m. Sunday School is taught beginning at 9:30 a.m. The preaching of the Word of God and music in the gospel tradition is an integral part of worship. A variety of Soldier and family religious education and week night programs are scheduled. For more information, call 239-4814.

### Contemporary Protestant

Drums, guitars and praise songs in an informal setting characterize worship taking place at Kaupan Chapel from 11 a.m. to 12:30 p.m. Sundays. Soldiers and young families are the target audience for these worship services.

### Liturgical Protestant Tradition

The one-hour service begins at 9 a.m. in historic St. Mary's Chapel, 3 Barry Avenue. For more information, call 239-5711 or 239-3359.

## HASFR

continued from page 11

played at the ice cream social on a table manned by Edith Nolan.

Nolan said the historical society sells the items in The Shoppe at the U.S. Cavalry Museum as a way to make money to fund its activities and contribute to worthy causes.

"The ghost story books are the

most popular items," she said.

The society also conducts noontime general membership meetings quarterly, always with some sort of program relating to history and archaeology. The last meeting was Aug. 23 at the Geary County Historical Society Museum in Junction City.

For more information about the society or to join, contact Parker at 784-4292 or the membership chairman, Charlotte Nott, at 341-0673.

Mike Heronemus can be contacted at [mike.heronemus@riley.army.mil](mailto:mike.heronemus@riley.army.mil) or 239-8854.

## Travel

continued from page 11

Cholera cases have occurred in people who ate crab brought back from Latin America by travelers. Travelers should be advised not to bring perishable seafood with them when they return to the United States from high-risk areas. Moreover, travelers may assume incorrectly that food and water aboard commercial aircraft are safe. Food and water may be obtained in the country of departure, where items may be contaminated.

A variety of infections (e.g., skin, ear, eye, respiratory, neurologic, and diarrheal infections) have been linked to wading or swimming in the ocean, freshwater lakes and rivers and swimming pools, particularly if the swimmer's head is submerged. Water may be contaminated by other people and from sewage, animal wastes and wastewater run-off.

Diarrhea and other serious waterborne infections can be spread when disease-causing organisms from human or animal feces are introduced into the water. Travelers who swim should be advised to avoid beaches that may be contaminated with human sewage or dog feces.

Accidentally swallowing small amounts of fecally contaminated water can cause illness. Travelers should be warned to try to avoid swallowing water while engaging in aquatic activities.

Generally, for infectious disease prevention, pools that contain chlorinated water can be considered safe places to swim if the disinfectant levels and pH are properly maintained. However, some organisms (e.g., Cryptosporidium, Giardia, hepatitis A and Norovirus) have moderate to very high resistance to chlorine

levels commonly found in chlorinated swimming pools, so travelers also should avoid swallowing chlorinated swimming pool water.

All travelers who have diarrhea should refrain from swimming to avoid contaminating recreational water.

Travelers should avoid swimming or wading with open cuts or abrasions that might serve as entry points for pathogens. In certain areas, fatal primary amebic meningoencephalitis has occurred after swimming in warm freshwater lakes or rivers, thermally polluted areas around industrial complexes and hot springs, so travelers should avoid submerging the head and should wear nose plugs when entering untreated water to prevent water getting up the nose.

Travelers should also avoid wading or swimming in freshwater streams, canals and lakes in schistosomiasis-endemic areas of the Caribbean, South America, Africa and Asia.

Water that has been adequately chlorinated according to the minimum recommended water treatment standards used in the United States will afford substantial protection against viral and bacterial waterborne diseases. However, chlorine treatment alone, as used in the routine disinfection of water, may not kill some enteric viruses and the parasitic organisms that cause giardiasis, amebiasis and cryptosporidiosis.

In areas where chlorinated tap water is not available or where hygiene and sanitation are poor, travelers should be advised that only the following may be safe to drink:

Beverages, such as tea and

coffee, made with boiled water; canned or bottled beverages, including water, carbonated mineral water and soft drinks; and beer and wine.

Where water might be contaminated, ice should also be considered contaminated and should not be used in beverages. If ice has been in contact with containers used for drinking, travelers should be advised to clean the containers thoroughly, preferably with soap and hot water, after the ice has been discarded.

It is safer to drink a beverage directly from the can or bottle than from a questionable container. However, water on the outside of beverage cans or bottles may also be contaminated. Therefore, travelers should dry wet cans or bottles before they are opened and wipe clean any surfaces with which the mouth will have direct contact.

Where water may be contaminated, travelers should avoid brushing their teeth with tap water.

More information can be obtained at [www2.ncid.cdc.gov/travel](http://www2.ncid.cdc.gov/travel) on the Web or from the Preventive Medicine Service at 239-7323.

## HOUSE FILL AD

## BOSS

continued from page 11

Gym on Custer Hill.

Custer Hill is where the majority of single Soldiers live and many of them don't have cars to get to Main Post, Curry and Bittenbender pointed out. The satellite office on Custer Hill makes a lot of sense and will be a place for information flyers about upcoming BOSS events, Bittenbender said.

One of the events that usually causes some hair-pulling each year is the haunted house. "We were always waiting till the last minute to find out what building we could use," Allen explained. "We already have a building. It's the old self help building below King Field House," he said. Many of the activities single

Soldiers have come to expect BOSS to organize will continue, Curry said. That includes a ski trip to Keystone, Colo., the annual Battle of the Bands in conjunction with the Junction City Fourth of July celebration, the Valentine's Day sing-a-grams, Mother's Day flower deliveries, the fashion show conducted in partnership with design students at Kansas State University, theme park trips, the Easter egg hunt and shopping trips to the Kansas City mall.

Curry also announced plans for a new event during the coming two years. "We're going to have a dance and talent show like the ones on TV," she said. BOSS sponsored a "Gong Show" talent show about a year ago, but Curry

said she doesn't want to see somebody "gonged" off before they get to show their whole talent, so everybody will get the same chance to win.

Curry attended the recent regional BOSS conference and came back eager to expand Fort Riley's program. "BOSS is bigger than Fort Riley thinks," she said, as Bittenbender nodded his agreement.

Together, the two BOSS leaders said they plan to make Fort Riley's program grow and gain importance for single Soldiers on post.

Mike Heronemus can be contacted at [mike.heronemus@riley.army.mil](mailto:mike.heronemus@riley.army.mil) or 239-8854.

MANHATTAN SHOE REPAIR  
1 x 2"  
Black Only  
1x2 Man Shoe Aug TF

SCREEN MACHINE  
2 x 2"  
Black Only  
2x2 Screen Machine Aug TF

BOX N SHIP  
3 x 3"  
Black Only  
3x3 Box N Ship Aug TF

PATRIOT OUTFITTERS  
3 x 4"  
Black Only  
3x4 Patriot Outfitters

FAITH FURNITURE  
3 x 10"  
Black Only  
3x10 Faith P/U 7/30



## Community news briefly

### Fair admits military free

Everyone showing a military ID card will be admitted free to the state fair in Hutchinson, Kan., Sept. 17.

### New classes start in Sept.

Child and Youth Services will start some new classes in September, including gymnastics, cheerleading and dance, private piano lessons, SAT preparation and math tutoring for middle and high school students.

For the most current information about dates, go to [www.riley.army.mil/Services/Family/CYS/MiddleSch/InstClasses.asp](http://www.riley.army.mil/Services/Family/CYS/MiddleSch/InstClasses.asp) on the Web.

### Catholic Mass offered Saturdays

A Catholic Mass is scheduled at 4:30 p.m. Saturdays in the St. Mary Chapel, 3 Barry Avenue, on post.

For more information, call 239-4815 or 239-3359.

### Library features 'fractured tales'

"Fractured Fairytales" will be featured during August story times at the post library. All Fort Riley families are welcome to attend story times at 1:30 or 4 p.m. every Saturday. Children must be accompanied by a caregiver.

The Three Bears, Little Red Riding Hood, Jack (of beanstalk fame) and Three Silly Billies team up to outwit an ugly Troll who demands money to cross the "troll" bridge. "The Three Silly Billies" by Marge Palatini is featured on Aug. 26.

The post library is located in Building 5306, Hood Drive, on Custer Hill. Hours of operation are 11 a.m. to 6 p.m. Tuesday through Saturday, and noon to 5 p.m. on Sunday. For more information, call 239-5305.

### Support Center lists activities

Aug. 25 - 8:30 a.m. to noon, Newcomer's Orientation

Aug. 26 - 10 a.m. to 2 p.m., family childcare providers celebration at Wyman Park.

For more information, call the Soldier Family Support Center at 239-9435.

### Rally Point offers family fun

Aug. 25 - Family night with movie, dance and buffet from 5 to 8 p.m. and mixed dance night from 8 p.m. to close.

Aug. 26 - midnight to 4 a.m., late nite hip hop with DJ Monroe

Aug. 30 - 5 to 9 p.m., wing night, 20 cent wings; 8 p.m. to close, dance music

Aug. 31 - 8 p.m. to close, dance music

Sept. 1 - Family night with movie, dance and buffet from 5 to 8 p.m. and mixed dance night from 8 p.m. to close

For more information, call Rally Point at 784-5434

### Crafts center activities listed

Aug. 27 - 1 to 2:30 p.m., scrap booking get together

Aug. 30 - noon to 1 p.m., Make it, Take it

Open hours for using the Arts and Crafts Center's wood shop, ceramics studio, matting and framing studio, computer lab, photography lab and doing stained glass, sewing, quilting, basket weaving and leatherwork are:

Monday and Tuesday from 1 to 8:30 p.m.

Wednesday from 9 a.m. to 4:30 p.m.

Saturday and Sunday from 9 a.m. to 4:30 p.m.

Classes are available in the evenings and on weekends in all program areas. A schedule of upcoming classes is available at the center and in the Morale, Welfare and Recreation Guide.

For more information, call the Arts and Crafts Center at 239-9205.

### Special Olympics invites families

The local Special Olympics group invites families who have special needs individuals to join them and to participate in upcoming events throughout the year.

Special Olympics is a worldwide program providing year-round training, education and athletic competition in a variety of Olympic-type sports for people age 8 and older with mental and physical retardation.

For more information, call Geary County representatives Otis Scroggins at 238-1342 or Bob Alan at (785) 762-2149.

# Assimilation a challenge on new post

By Carolyn Burch-Menzies  
Contributing columnist

Moving to a new place is never easy, and I never make it easier, partly because I am not one who travels lightly and partly because I am one who tends to grow roots. Neither is an admirable quality in military wives, I am told. This is something I must work on, I have been told.

While I have a sign in my yard that states "Bloom Where You're Planted," this is more in reference to growing without grumbling in new circumstances. It really doesn't refer to not attaching myself to the surrounding territory, because I do. As a Taurus, (as in Stubborn Bull, or the original immovable object) I tend to collect and accumulate things.

As a painter and artist, I also have lots of the related things for making things, things I have made, things the kids have made and things that inspire. Of course, I also know that life is about love not things, so I can, in a pinch, leave them behind if I have to, but oh, it hurts if I do.

When you move a lot, as military people apparently do, "stuff" is a hindrance, I am learning. We all have "stuff," or baggage, and I admittedly probably have more than.

In-processing, for instance, was a process I had dreaded like a root canal. When we arrived, really no one much greeted us and our "sponsor" had left for Iraq the week before we arrived with the wonderful comment via e-mail "good luck, you'll need it at Riley" and he "was glad he was going out to Iraq himself just to be away from here."

Oh, well, that helped just tons when I started worrying about the upcoming move, unsettling the children for their fourth move in four years and thinking of leaving the herd of friends I had

## About the author

Carolyn Burch-Menzies is a freelance writer, columnist and a new, rather-green Army wife. She and her husband recently arrived at Fort Riley. She has written for *Ladies Home Journal*, *Woman's Day* and *Romantic Homes* magazine. Burch-Menzies is an occasional contributing columnist for the Post. She can be reached at [wrmis-sy2003@yahoo.com](mailto:wrmis-sy2003@yahoo.com).



in Colorado for relative isolation in Kansas.

"It's flat," my husband had said when asked what Kansas was like.

"But, it doesn't even have a mall! And it has tornados!" one of my girl children had asserted.

"We're all in the Army now," I told them. "When we have to go, we have to go. That's just how it is." They didn't understand, and severely deep down, I suppose neither did I.

So, when my husband had initially told me of in-processing and what it was exactly, I thought surely he was joking. "How could you be in a line for days like that to get into Fort Riley?" It made no sense to me.

"Well, not a line exactly. I mean it's a sort of a five- or six-day pathway through all the different departments one at a time," he patiently explained.

So, what you're saying here is that we are being assimilated into inventory. Fort Riley is like the Borg and resistance is futile? I asked.

"A way of getting assimilated into the population and computers here, yes," he replied without

cracking a smile.

I hate when I make a perfectly good joke and he doesn't even smile. Very annoying to me. I think that's how he gets back at me for making too many jokes all the time.

Explain again to me why the first thing a new person sees at this post is the basement of a building. Coming from a public relations standpoint, I wouldn't think that was very good for business. Basements are for dungeons, not welcome centers.

"Dear, it's not really exactly a welcome center, and they put it where they put it. Don't give me a hard time about this. In-processing is bad enough already without that, and the Army is not a business, it is an entity," he said.

Yeah. That's what they say about the Borg.

We had to report into Fort Riley the day after

Christmas, moving during the holiday itself and staying in a hotel with the children was no picnic either.

We got separated en route and didn't see each other for nearly two days, and I had never driven

in Kansas in my life, let alone at night with a car full of kids and everything we own. The brakes went out on one of the cars the day after we arrived.

There being no room at housing or at the proverbial post inn for us, the first spooky old house we had rented in Abilene turned out to be awful, and we stayed only half of Christmas Eve in it before departing for a hotel. My husband had told me he had seen the house and it was fine, that he, but had neglected to mention to me he had only driven past it. He had not seen the inside.

Apparently under the old rules (now changed I understand), if an owner had two houses on a property and had one inspected by housing, he could say in ads "Military inspected," so we had no way of knowing, though of course my "Sgt. Stoic" should have looked inside.

So suffice to say I was a bit more than a bit surprised when I arrived there by myself with the smallest children to find a note from the owner saying "the door locks and hot water will be repaired next Tuesday."

Then, we couldn't find another house, get extra leave, we were short of money because our bank, thinking our cards had been stolen seeing all the charges through unfamiliar territory cancelled our bank cards for a week while we were in transit.

After two weeks in a hotel, we found a small mobile home and rented it immediately, and promptly all got the flu while we moved in.

See Assimilation, Page 14

SUNFLOWER BANK- JC  
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3x6. sunbank. 7/16.1881.1k

FIRST PRESBYTERIAN  
CHURCH  
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Black Only  
1x2.5 1st Pres AugTF

4X4 LAND, INC.  
3 x 2'  
Black Only  
3x2 4x4Land Aug TF

CENTRAL MICHIGAN U/OCP  
3 x 8'  
Black Only  
3X8 C Mich U #19744

SPRINT NE PRESS  
6 x 2'  
Black Only  
06-737 Phone



## Home wanted



### Lacy

Lacy is a 10-month-old terrier mix who is waiting at the Fort Riley Stray Facility for a new home. Lacy was born at the facility and adopted, but then returned by her owners because she got pregnant. She is up-to-date on all of her shots and has a microchip. To adopt Lacy or one of the other dogs or cats looking for homes, visit the Stray Facility on Main Post Monday through Friday.

**Fort Riley Stray Facility**  
Building 226 Custer Ave.,  
Main Post  
**Hours:** 8:30 a.m. to 3 p.m.,  
Monday through Friday  
**Phone:** (785) 239-3886.

## Assimilation continued from page 13

When prefacing sentences with "we've just arrived here at Fort Riley..." people would say "I'm sorry," which made me want to cry for a long time until I got used to hearing it. We began to think this post was as bad as we'd been told. When he heard about the PT being five days a week in his unit as opposed to Space Command's three, and was much harder, we conceded that it was going to be a long three years here.

I began thinking I had really brought some heavy Karma from some past lives or something. Our mirror fell off the dresser and shattered, and my husband, annoyed, said, "seven years of bad luck."

I couldn't help myself. I quipped to him that it couldn't be that bad, we were already in hell.

However, when we got to in-processing, despite all predictions of doom, the people were so nice and so kind and helpful, I could hardly believe it. There was even good quality coffee, which after a two-day move with four children

in a car is really something and certainly how I measure any given place for at least several days afterward.

The only thing I could think of as an improvement, other than the basement thing, was if there had been a bit of Jack Daniels to put into coffee. A vending machine perhaps. But, I digress....

It was during one of these hours in in-processing that I had my first taste of the upside of Fort Riley. I took the girls to the ladies room and there was this just immensely pleasant lady there, and she joked with me about our move and seeing how tired we were and our state of being. She probably could tell we'd been in dire straits for a few days. She cheerfully told me to keep my chin up and how it was a great post and things would get better. She made me feel welcome.

Later I would run across her again and find out she was actually Lt. Col. David Velloney's wife, Felitz, of the main JAG

office where my husband would also be spending some of his time. Her attitude was refreshing and made me feel welcome for the first time since we'd gotten here.

Finance was just super, very nice. (Who knew? I had brought boxing gloves!) DITY move was very nice (heard about a tornado that had hit post recently, which my husband shushed them about, "hardly ever happens!")

Housing was OK (that was seven months ago and there were as near as I can tell number 65 on the list under the old system).

In general, all these people, to my surprise, made us feel welcome, basement or not. It was a good start to our lives here—a rocky beginning but a good solid starting point after all. Assimilation is not as painful as I had expected. It is good to be Borg, er, Fort Riley Army after all.

You know what they say; sometimes you have to start at the bottom of things to find your way into the life you are supposed to have. Maybe, as much as I hate to admit it, that might just mean as low as a basement somewhere in the middle of Kansas.

## HOUSE FILL AD

DAILY UNION  
6 x 15.5"  
Black Only  
service dlr





# Fort Riley Sports & Recreation

Friday, August 25, 2006

America's Warfighting Center

Page 15

## Sports news in brief

### Outdoor rec to alter hours

Effective Sept. 10, the Fort Riley Outdoor Recreation Center will change its hours of operation. It will be closed Sunday and Monday and open from 8 a.m. to 5 p.m. Tuesday through Saturday.

### Custer Hill Lanes events listed

Custer Hill lanes is open daily for lunch from 11 a.m. to 1 p.m.

**Aug. 26** – 4 to 7 p.m., Family Time Extreme Bowling  
**Aug. 26-27** – 10 p.m. to 1 a.m., Extreme Bowling

**Aug. 27** – 4 to 6 p.m., Family Time Extreme

Custer Hill Bowling Center, Building 7485, offers open bowling 5 to 11 p.m. Tuesdays through Thursdays, 5 to 10 p.m. Fridays and 3 to 11 p.m. Saturdays.

For more information about Bowling Center activities, call 239-4366.

## Boxer to defend welterweight title

By Mike Heronemus  
Editor

David "Strictly Business" Medina left the Army and then left his job at Fort Riley to pursue his dream – wearing the World Super Welterweight Championship belt for boxing.

His next step toward that goal is a bout Aug. 26 at the Geary County Convention Center in Junction City. He will be defending the World Boxing Council U.S. Super Welterweight title he won July 5 against challenger Chris Overbey of Sidney, Ohio, in

the main attraction of a seven-fight program.

Medina also holds the Global Boxing Union Middleweight title.

While in the Army, Medina earned a boxing berth with the Army's World Class Athlete Program at Fort Carson, Colo., where he trained for about six months before winning the Armed Forces Championship in 1999. He went to the Olympics trials in 2000.

After getting out of the Army, Medina worked as a mechanic for ECS No. 33 at Fort Riley, repairing trucks for the 89th Regional Support Command.

Even while employed with ECS No. 33, Medina got time off to fight in Colorado Springs and to train for three weeks in California.

His supervisor, Bill Calkins, explained that he was always willing to help someone trying to better himself. In Medina's case, he granted leave without pay in most instances, Calkins said.

When Medina decided to begin training full-time in hopes of becoming a world champion, Calkins put a letter in Medina's file that will give him rehiring rights for up to a year, if a position

is available.

Medina's full-time training schedule includes riding his bike 25 to 40 miles every morning, working out at Geary Rehab and Fitness Center in Junction City for a couple of hours in the early afternoon and running short distances every evening.

Gym workouts include bag work, jumping rope, push-ups, sit-ups, pull-ups and dead weights, "anything to build up my shoulders. It takes a lot of shoulder and chest strength to go 10 rounds, 30 minutes," Medina said.

With that in mind, he works out

with 16-ounce gloves even though he boxes with 10-ounce gloves.

He also spars with members of KO Boxing Club in Manhattan every Wednesday evening.

Those boxers are amateurs or hobby enthusiasts, so Medina concentrates on his defensive moves while they practice offensive moves, he said.

Lorissa Ridley-Fink runs KO Boxing Club. She has about 15 to 20 boxers now but expects that number to increase once Kansas State University classes get under

See Medina, Page 16

## Army 01 crew claims season's first win in Michigan

Army News Service

MICHIGAN INTERNATIONAL SPEEDWAY – Joe Nemechek's pit crew claimed its first win of the season in the weekly

Checkers/Rally's® Double Drive-Thru Challenge competition by spending the least amount of time on pit road in the Aug. 20 NEXTEL Cup event at Michigan International Speedway.

"I'm very proud of all the guys

on the U.S. Army pit crew," Nemechek said.

"They've had unbelievable pit stops all year but haven't always gotten the credit they've deserved. Without a doubt, this is one of the strongest over-the-wall teams on pit road and I'm thrilled they're being recognized for their hard work.

"This is also a special win since Checkers/Rally's is an associate sponsor on the Army Chevrolet," he said.

Checkers/Rally's will award the 01 team with the weekly \$10,500 prize. In addition, a \$105,000 bonus will be presented to the team with the most wins at the completion of the 36-race schedule.

"Our guys work hard week in and week out to be the best they can be on pit road," offered Lance Munksgard, pit stop coordinator for MB2 Motorsports. "It's great that their hard work is being highlighted and that they are being

recognized for the efforts they contribute to the team each week."

Nemechek's over-the-wall team, which spent 230.171 seconds on pit road, includes: Scott King (jackman), Josh Houghton (front-tire carrier), Charlie Brock (front-tire changer), Dwayne Moore (rear-tire carrier), Dave Woodhead (rear-tire changer), Danny Harrington (gasman), Mark Bieberich (catch can) and

J.D. Hilton (windshield). The team's crew chief is Ryan Pemberton.

The crews of Kyle Busch and Jimmie Johnson continue to lead the season-long competition with four wins each. Tony Stewart's team is in second place with three wins.

The Checkers/Rally's Double Drive-Thru Challenge is in its second season with the NEXTEL Cup Series.

DAILY UNION  
6 x 12.5"  
Black Only  
alpha





Post/Heronemus  
Former Army boxer and Fort Riley contracted civilian employee David Medina works out at Geary Rehab and Fitness Center in Junction City for his Aug. 26 fight.

## Medina

continued from page 15

way.

Three of her boxers are active duty Soldiers, and one other is the wife of a Soldier, she said. These club members and others are more into boxing as a hobby, not as serious about it as Medina is, she said.

Even so, Ridley-Fink teaches her boxers the proper way to fight, avoiding the aerobics programs that having been adapted to boxing moves. "I've taught boxing more than 20 years. I haven't boxed professionally, but I train them to box like a professional," she said.

Boxing with Medina is good for them, Ridley-Fink said. "Some of them look at me as just a woman who doesn't know what she's talking about. So, when I tell them they're dropping their right hand and then David hits them in the face or the ribs because they're dropping their right hand, they begin to believe me more," she said.

After the Aug. 26 fight, Medina plans to train at a boxing camp in Las Vegas, Nev., in preparation for a fight in October at Fort Huachuca, Ariz. His promoter, Zef Ramirez of Zeferino Entertainment, will continue to seek opponents for the rising ring star.

Medina takes an 11-1-0 record

### If you go:

**Fights start at 6 p.m. Tickets cost \$25 for general admission and \$45 for ring-side seats.**

**Tickets are available at Walsh Customs at 1732 N. Jackson St., Wizard of Watts Car Audio at 1701 N. Washington St. and the Twelfth Street Community Center, all in Junction City, or by calling Medina at 223-6778.**

**Tickets also will be available at the door unless the event is sold out.**

with six knockouts into the ring against Overbey Aug. 26. It will be his third title defense and he said opponents are getting harder to find because of his record and their insistence at getting more money to fight him.

If he keeps winning, he'll get to fight better known boxers, and that will put him closer to challenging whoever will be holding the world championship belt, Medina said.

Mike Heronemus can be contacted at [mike.heronemus@riley.army.mil](mailto:mike.heronemus@riley.army.mil) or 239-8854.

## On the Wildside: News About Nature

# Reintroduced elk thrive on Fort Riley

By Alan Hynek

Fish and wildlife biologist

More than 15 years have past since elk were first reintroduced onto Fort Riley. Over that time, the elk herd has evolved to become a symbol of Fort Riley – a symbol that has restored a native component to the Kansas Flint Hills.

For those who have experienced the Fort Riley elk herd first-hand, it is a sight you most likely will never forget.

Elk were always a part of the Great Plains. Literature records indicate that herds numbering in the thousands could be found in Kansas through mid-1800s. It is fascinating to imagine what the vast herds numbering thousands of elk must have looked like on the plains of Kansas.

Elk, as well as bison, were critical to the survival of Native Americans and to the early settlers. They were a source of tools, food, shelter and clothing. At the turn of the century, they were nearly gone.

Then, in 1981, the first free ranging elk were reintroduced to the state at the Cimarron National Grassland in southwest Kansas. The herd in this extreme corner of the state grew steadily through the early 1990s to about 200 animals.

However, the elk began to migrate into the states of Oklahoma and Colorado. Efforts to keep the elk on the National Grassland failed, and a hunting program aimed at reducing their numbers was implemented. About 50 elk remain on Cimarron Grasslands today.

The Fort Riley herd was start-

ed in 1986 with 12 elk released from the Maxwell Game Preserve near McPherson, Kan. Supplemental stockings in 1987, 1988, 1990 and 1994 released a total of 47 elk from Colorado, Montana and South Dakota.

Most releases occurred in the vicinity of the Madison Creek area on Fort Riley. For several years, the released animals and their offspring stayed in that area.

The Fort Riley herd grew to about 250 animals by 1998, when a herd reduction program was administered by Kansas Department of Wildlife and Parks to reduce conflicts with private landowners. The current population on Fort Riley is about 125 animals.

The post's elk herd can be enjoyed via hunting, photography or just viewing them in the open prairie. Elk can be found throughout Fort Riley but are most likely found in the northern half of the installation.

To hunt elk on Fort Riley, you would first have to be real lucky. State of Kansas elk permits are granted through a lottery drawing with plenty of competition. Even though your chance of an elk tag is extremely low, there are still many other ways to enjoy the elk herd.

You do not need a permit to photograph or view the elk. However, you do need to be aware of current access restrictions on Fort Riley.

Please remember to review all regulations before engaging in any type of recreation on Fort Riley.

For more information, call the Conservation Office at 239-6211 or visit [www.riley.army.mil/Recreation/Outdoor/](http://www.riley.army.mil/Recreation/Outdoor/) on the Web.

Classified Runover

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## CLASSIFIED ADS







# Travel & Fun in Kansas

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America's Warfighting Center

Friday, August 25, 2006

## Leisure time ideas

### At the movies:

Doors open at 6:30 p.m. Tickets cost \$3.50 for adults and \$1.75 for children 11 and under. Children under the age of 5 are free except during children's matinees or expected sell-outs.

**Aug. 25** — Little Man (PG-13) 97 min

For more information, call 784-2226 or 784-2640.

### ITR:

The Information, Ticketing and Registration office in Building 6918 at Fort Riley has lots of travel information and the staff can help set up brief trips and longer vacations. Here's a sampling:

**Kansas City Renaissance Festival** — Where else can you feast like Royalty, skirmish with pirates, quaff an ale, shop among 165 skilled artisans and watch noble knight joust for honor? Runs weekends Sept. 2 through Oct. 15, Labor Day and Columbus Day. Discount tickets available through ITR.

**Rolling Hills Zoo** — Located amidst the rolling hills of western Saline County, this section of Kansas prairie has been transformed into a beautifully landscaped zoological park. More than 85 species of animals are on exhibit. Discount tickets are now available through ITR.

**Silver Dollar City** — Childhood dreams come to life at Silver Dollar City with adventures beyond your wildest imagination. Buy your adult ticket and get a child's ticket free. Let ITR put together a weekend get-a-way to Branson, Mo. Numerous discounted show tickets and hotel accommodations.

**Six Flags Over Texas** — It's the largest expansion in Six Flags Over Texas history with 10 exciting new family attractions scattered throughout the park. For only \$15 for the Fall Holiday Spectacular you can enjoy "The Best of Texas Festival" in September or "Fright Fest" in October.



USACFSC/Nordenhold

Sp. Lucky Tagaloa (center) of Fort Hood, Texas, is accompanied by four members of the cast on opening night of the 2006 U.S. Army Soldier Show at Fort Belvoir, Va.



USACFSC/Higgs

The 2006 U.S. Army Soldier Show cast delivers a gospel medley of "Awesome God," "The Best is Yet to Come" and "Sanctuary."

## Soldier Show headed to Fort Riley

*By Tim Higgs**USACFSC Public Affairs*

FORT BELVOIR, Va. — The 2006 U.S. Army Soldier Show will unveil "Reveille: Answering the Call" at Fort Riley on Oct. 3 and 4.

"The entire idea came from the new Army motto: Call to Duty," Soldier Show Director Victor Hurtado said, "answering loudly and clearly with reasons why Soldiers join the Army."

"For our civilian audience, it may illustrate why people join. For our military audience, it might remind them why — what their initial reasons were and why they continue to serve," he added.

The bottom line, however, remains the same: "Entertainment for the Soldier, by the Soldier," the working motto of the Army Entertainment Division.

"We have some really strong voices and really strong performers, so you might see some flash and splash," Hurtado said. "But you might be surprised by how powerful the 'less is more' is in the show, as well. Expect to find

moments."

The 22-Soldier troupe is in the home stretch of a six-month tour of about 100 performances on military installations across the United States, Italy and Germany.

Hurtado credits Army Entertainment Division's 1st Sgt. Taron Pierce for brainstorming the show's starting point of reveille. He also relies on the creativity of 17 Soldier-performers and five technicians before weaving their artistic strengths into a military storyline.

"With a show like this, a lot of it has to say something, but not all of it has to say something because at the end of the day we also have to entertain," Hurtado said. "Not every scene is going to start with the story of a Soldier. Sections of the show are just about new music or having a good time or just about fun."

Hurtado is reluctant to reveal the complete storyline.

"So much of what the show is [about] will be illustrated at the beginning, but I really don't want to give it away," he said. "The show itself will fortify those bits and pieces."

Rhythm and blues, gospel and country music will be featured, along with new renditions of tunes released since the 1960s, coupled with ballroom dancing aplenty.

Eight veterans of the Army's Margaret "Skippy" Lynn Stars of Tomorrow Talent Contest and Military Idol are among the cast and crew that ranges in rank from private first class to captain.

Sp. Richard Sianoya of Fort Irwin, Calif., finished runner-up in the inaugural Military Idol competition. Sp. Serri Sheridan of Fort Polk, La., was best-of-show runner-up in the 2006 Stars of Tomorrow Contest and participated in Military Idol. First Lt. Sonya Moore of the California Army National Guard participated in both programs.

Sgt. Geno Nash of Fort Hood, Texas, and Sp. Adel Nammour of Fort Polk, La., also competed in Stars of Tomorrow, along with Pfc. Jong Baek Yoon, a Korean augmentation to the U.S. Army. KATUSA Soldiers are fully integrated into a U.S. Army unit and live, work and train with their American comrades.

"I just wanted the guy to come and represent his unit, but it's turned into representing his entire country, the Republic of Korea," Hurtado said.

Yoon already has performed at the Korean Embassy in Washington, D.C.

Other Military Idol contestants include Staff Sgt. Deneen Murray of Camp Humphries, Korea, and Sp. Lucky Tagaloa of Fort Hood.

Hurtado spotted Hawaii Army National Guard Staff Sgt. Samuel Hesch during auditions for "Miss Saigon" and noted that he bypassed a role in "Cats" to perform in the Soldier Show.

Sp. Elisabeth Graham of Fort Jackson, S.C., is a violinist, and Sp. Nina Kazibwe, stationed in Kitzingen, Germany, is a pianist.

First Lt. Alisha Vaughn of Fort Stewart, Ga., and Sp. Maceo Keeling of Fort Lee, Va., John Morris of Fort Huachuca, Ariz., Alisha Osborne of the New York Army Reserves, Jessica Solorio of Wuerzburg, Germany, and Benjamin Piel of Yuma Proving Ground, Ariz., complete the list of performers.

Sgt. Kristen Austin of Fort

Bliss, Texas, is the wardrobe technician. Capt. Christine Lancia of Fort Polk, La., serves as assistant stage manager. Sgt. Jemel Washington of Fort Lewis, Wash., handles video and audio. Sp. Daniel Murray of Fort Hood is an audio specialist. Sp. Bradford Cassels of Fort Bragg, N.C., mans the lights.

For the sixth consecutive year, the Army National Guard is the primary sponsor and partner of the U.S. Army Soldier Show, one of more than 50 programs provided to Soldiers and their families by the U.S. Army Community and Family Support Center. AT&T returns as a corporate sponsor for the third straight year.

Sgt. Irving Berlin wrote the first U.S. Army Soldier Show while on active duty at Camp Upton in Long Island, N.Y. "Yip Yip Yaphank" debuted on Broadway in 1918.

During World War II, Berlin created another Soldier Show for Broadway. "This is the Army," which inspired a 1943 movie starring Ronald Reagan.

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